



FUCHSIA SMOOTHIE
made with
DOLE® Smoothie Cuts Diced
Dragon Fruit & Sliced Bananas

SMOOTHIE CUTS



100% Ready-to-Use Bulk IQF Fruit Crafted for Smoothies

- ✓ No Added Sugar*
- ✓ Saves Time and Money
- ✓ Pre-Cut Fruit Extends Blender Life
- ✓ Quick-Frozen to Lock in Nutrients
- ✓ Available in 7 Varieties, Year-Round

48%
of consumers struggle to fit enough fruits in their diets.

Source: Lightspeed/Mintel, March 2021.

*Not a low calorie food. See Nutrition Facts for sugar and calorie content.



SMOOTHIE CUTS

Often, fruit is tossed simply because it's not the ideal size or shape. DOLE® Smoothie Cuts make sure no good fruit goes to waste, offering bulk IQF fruit in varied cut sizes.



PEACH & MINT SMOOTHIE
made with DOLE® Smoothie Cuts Diced Peaches



Sliced Bananas
100-71202-16202-2



Diced Dragon Fruit
100-71202-00314-1



Mango Sort Outs
100-71202-10539-5



Diced Peaches
100-71202-02023-0



Pineapple Tidbits
100-71202-28885-2



Strawberry Sort Outs
100-71202-17923-5



Diced Strawberries
100-71202-01002-6

49%
of consumers agree that packaged fruit helps reduce fruit waste.

Source: Lightspeed/Mintel, March 2021.

Nutrition Facts

	Kosher	Serving Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Carbs (g)	Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A % DV*	Vitamin C % DV*	Vitamin D % DV*	Potassium % DV*	Calcium % DV*	Iron % DV*
Sliced Bananas IQF Ingredients: Bananas, Ascorbic Acid (To Promote Color Retention), and Citric Acid.	U	140	140	0	0	0	0	32	4	17	0	2	0	0	0	10	0	2
Diced Dragon Fruit IQF Ingredients: Dragon Fruit.	U	140	90	0.5	0	0	15	21	5	12	0	2	0	0	0	6	0	8
Mango Sort Outs IQF Ingredients: Mango.	U	140	90	0.5	0	0	0	21	2	19	0	1	8	60	0	4	0	0
Diced Peaches IQF Ingredients: Peach, Ascorbic Acid (To Promote Color Retention), Citric Acid, and Malic Acid.	U	140	60	0	0	0	0	13	2	9	0	<1	2	190	0	6	0	2
Pineapple Tidbits IQF Ingredients: Pineapple.	U	140	80	0	0	0	0	18	2	14	0	<1	0	70	0	4	0	2
Strawberry Sort Outs IQF Ingredients: Strawberries.	U	140	50	0	0	0	0	13	3	6	0	<1	0	60	0	4	0	6
Diced Strawberries IQF Ingredients: Strawberries.	U	140	50	0	0	0	0	13	3	6	0	<1	0	60	0	4	0	6

* Percentages based on the daily value of a 2,000 calorie diet.

Case Specifications

	Case UPC	Pack/Size	Case Dimensions (L x W x H)	Gross Case Weight (lb)	Case Cube (ft)	Per Case Pallet	Shelf Life*
Sliced Bananas IQF	100-71202-16202-2	1/30#	16.063" x 11.535" x 10.354"	32	1.110	60	1-year
Diced Dragon Fruit IQF	100-71202-00314-1	1/30#	15.813" x 12.438" x 9.625"	32	1.095	54	2-years
Mango Sort Outs IQF	100-71202-10539-5	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
Diced Peaches IQF	100-71202-02023-0	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
Pineapple Tidbits IQF	100-71202-28885-2	1/30#	16.063" x 11.535" x 10.354"	32	1.110	60	2-years
Strawberry Sort Outs IQF	100-71202-17923-5	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years
Diced Strawberries IQF	100-71202-01002-6	1/30#	15.813" x 12.438" x 9.625"	32	1.096	54	2-years

*"Best By" date printed on each case. **KEEP FROZEN. WASHED AND READY TO EAT.**

Visit www.dolefoodservice.com/smoothie-cuts to learn more or call 1-800-462-7706 to speak to a Dole representative.



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