

**Asking the  
same question  
over and over again.  
over and over again.  
over and over again.  
over and over again.  
over and over again.**

**It's not called  
getting old, it's  
called getting ill.**

If you or a loved one are  
experiencing memory loss,  
it could be a sign of dementia.

Help and support is just a  
phone call or click away.

**alzheimers.org.uk**  
**0333 150 3456**



**Alzheimer's  
Society**

Together we are help & hope  
for everyone living with dementia