

Gym Activities

Gym	Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Barnet Copthall Leisure Centre	Gym	12:00 - 15:00 20:00 - 22:00	12:00 - 15:00 20:00 - 22:00	12:00 - 15:00 20:00 - 22:00	12:00 - 15:00 20:00 - 22:00	12:00 - 15:00 20:00 - 22:00	12:00 - 15:00	12:00 - 15:00
	Junior Gym						13:30 - 15:10	13:30 - 15:10
	Adult & Junior Gym	19:00 - 20:00	19:00 - 20:00	19:00 - 20:00	19:00 - 20:00	19:00 - 20:00		
Burnt Oak Leisure Centre	Gym	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	09:00 - 13:00	09:00 - 13:00
	Junior Gym						11:00 - 12:00	14:00 - 15:00
	Adult & Junior Gym	20:00 - 21:00	20:00 - 21:00	20:00 - 21:00	20:00 - 21:00	20:00 - 21:00		
Hendon Leisure Centre	Gym	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	09:00 - 13:00	09:00 - 13:00
	Junior Gym						13:00 - 14:00	13:00 - 14:00
New Barnet Leisure Centre	Adult & Junior Gym	18:00 - 21:00	18:00 - 21:00	18:00 - 21:00	18:00 - 21:00	18:00 - 21:00		
	Gym	13:30 - 15:30	13:30 - 15:30	13:30 - 15:30	13:30 - 15:30	13:30 - 15:30	16:00 - 17:00	16:00 - 17:00
	Junior Gym						12:00 - 13:00	12:00 - 13:00
	Adult & Junior Gym	20:00 - 21:00	20:00 - 21:00	20:00 - 21:00	20:00 - 21:00	20:00 - 21:00		
Finchley Lido Leisure Centre	Gym	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	10:00 - 14:00 20:00 - 21:00	09:00 - 13:00	09:00 - 13:00
	Junior Gym						12:00 - 13:00	12:00 - 13:00
	Adult & Junior Gym						16:00 - 17:00	16:00 - 17:00

