Swimming Activities

Swimming	Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Barnet Copthall Leisure Centre	Swim for all	10:00 - 11:00		10:30 - 11:30	09:00 - 11:00	10:30 - 11:30	14:00 - 16:00	14:00 - 16:00
	Swim for fitness	11:00 - 14:00	11:00 - 14:00	11:00 - 14:00	11:00 - 14:00	11:00 - 14:00	14:00 - 16:00	14:00 - 16:00
New Barnet Leisure Centre	Swim for all	10:00 - 11:00	10:00 - 11:00	10:00 - 11:00 13:00 - 14:00	10:00 - 11:00	10:00 - 11:00	14:00 - 17:00	14:00 - 17:00
	Swim for fitness	11:00 - 14:00 20:00 - 21:00	11:00 - 14:00 20:00 - 21:00	11:00 - 14:00 20:00 - 21:00	11:00 - 14:00 20:00 - 21:00	11:00 - 14:00 20:00 - 21:00		
	Inclusive swim	11:30 - 12:30						
Finchley Lido Leisure Centre	Swim for all	10:00 - 11:00	10:00 - 11:00	10:00 - 11:00	10:00 - 11:00	10:00 - 11:00		
	Swim for fitness	19:30 - 21:30	19:30 - 21:30	19:30 - 21:30	19:30 - 21:30	19:30 - 21:30		