**Health Suite Timetable**

Please be advised that access times will be as follows from Monday 28th May 2018.

**Monday**

07.00 – 09.00 – Mixed

09.00 – 12.00 – Women only

12.00 – 13.00 Mixed

13.30 – 21.00 – Men only

**Tuesday**

07.00 – 21.00 – Mixed

**Wednesday**

07.00 – 12.00 - Women only

12.00 – 13.00 Mixed

13.30 – 21.00 – Men only

**Thursday**

07.00 – 13.00 - Mixed

13.00 – 21.00 – Women only

**Friday**

07.00 – 12.00 – Women only

12.00 – 13.00 Mixed

13.30 – 21.00 – Men only

**Saturday & Sunday**

09.30 – 16.00 - Mixed

Centre Management Team

Tuesday 1st May 2018

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