

## MUSICAL THEATRE AMALGAMTION (HAT)

**Recommended music: Outkast, *The Way You Move***

Commence centre, stand on straight L leg, R foot on ball by L turned out,  
L hand on hip, R hand holding back of hat, hat on head

- 1-4 Unfold R arm to finish elbow bent towards RDF flipping hat down then flip hat back up again onto head, keep hat close to body, make loop down and up with hat with sharp staccato action (1-elbow,2-hat,&3-elbow,&head)
- 5 6 Place R foot behind and twist turn passing hat behind body into L hand then back into R hand, finish facing front feet together hat on head held with R hand, L hand on hip
- 7 8 Half figure of 8 with hat then back to head, knees go to R then L on plie with contraction and ripple feeling in body.
- 1& 2 Shoulder 'locking action' to R L R ending on plie in turned out 1st with heels off
- 3 4 Relax body over tucking in chin and recover
- 5 & 6 Pas de bourree turning by R, and traveling to L side R,L,R
- &7&8 Facing L side step L and place R foot on heel, body facing L, side hat on head - 3 shoulder isolations (up) L,R,L, (7&8), head to front on 8
- 1&2& Step back R (ball), join with L (ball), spring R forward, step L,
- 3,4 Facing up-stage step L, R apart to parallel 2nd
- 5 – 8 Circle hips to R and dig R foot, passing hat round behind body to hold by head, then reverse action to L finishing with hat on head and weight on L foot
- 1,2,3,4 4 walks RLRL to LDB corner “mincing”, hat on head held with R hand L hand on L hip
- 5 Pick up R foot at back, (put hat over R toes), keep eye-line low to L
- 6 Turn to R, join feet together facing RDF holding hat with both hands
- & 7 Throw hat up and catch again
- 1 2 Facing front isolate hat to L, body to R, and return
- 3 Lift bent R leg, hat on head, with lean back
- 4 Join feet parallel 1st - hat on head held at back with R
- 5 6 Start to flip hat down with R hand extending R foot on heel forwards on count 6 finishing with hat towards foot on 6
- &7(8) Flip hat back again to head and ball change R,L, sideways to L dragging R foot in towards L, L arm extended at shoulder level to L
- 1-4 Step across with L inverted drag R leg behind swivel underneath foot (turn in, out, in, out) still holding hat with R hand, eye line down to L
- 5-8 Holding hat in both hands 4 walks round to R (R,L,R,L)with shoulder shimmy
- &1 Ball change R,L, into parallel 2<sup>nd</sup> facing front, hat on head
- 2 Extend arms to side opposition, rib isolation to L
- 3 4 'Body lock' to R using arms, finish with R arm to side fingers strongly down.
- 5 6 Step R to face R side, kick L with bent leg, change hat from R to L hand under the kick
- 7 8 Swivel round to R and join feet passing hat behind body finish with hat on head held by R hand, L hand back on hip

- 1 2 Step R to R side slightly inverted, doing two 'chicken' heads to LDF  
3 4 Jump feet in 2nd and invert knees then jump and turn legs out (on balls of feet),  
head down to L on 3, return to front on 4  
&5&6&7 Ball change (L,R etc) Toe/heel/toe/toe/toe/heel turning out and in, legs twist.  
&8 Ball change into start position preparing hat to start again from beginning

Repeat all from beginning but on last & 7 & 8:

- &7 Toe/heel, extending R arm holding hat to RDF high  
&8 Ball change LR bringing R foot to L on ball turned out hat to head as in start  
position but holding at front of hat